

J. S.

I am so grateful Dr. Lydy has made this available.

Two months ago I started having ionic foot spa treatments. The first benefit I noticed right away was the relief from some of the pain in my knuckles. My knee, which hurt so badly I could barely get up the steps, is pain free. I have also been able to cut back on my Armor Thyroid Rx, and feel wakeful in the evenings. My mind is clearer and I have more energy.

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CONFIDENTIAL HEALTH INFORMATION ENCLOSED

**LYDY CHIROPRACTIC INC.
1329 COUNTY LINE ROAD
CRESTLINE, OH 44827
MIKEL D. LYDY, D.C.
PATRICIA D. LYDY, D.C.**

