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I came in to start the Enhanced Living Ionic footbath about 2 months ago. Hearing great things about it I wanted to try it out myself. Since then I have decreased my appetite, calmed down and have more energy. My blood pressure is lower and I am losing weight.

I am a happier person and less stressed, I feel this Ionic footbath has done much improvement on my overall health. I am excited when I go in for my next session. I look forward to them.

I have noticed my age spots are lighter, not as noticeable.

Brenda Smith