

TOYAS CHIROPRACTIC
1011 4TH AVE.
SEASIDE, OR 97138

DOTL 2FA

Jerry

11-21

After first session -

- > I could feel the bottoms of my shoes against my feet when I walked.
- > Started losing stiffness in my feet. ~~scribbled out~~
- > Started feeling tingling sensation most of the way up my legs.
- > Was able to wiggle my toes and my feet were more flexible.
- > Gained color in my face, etc.
- > Feet felt warmer.
- > Better circulation in feet.
- > Less cramping ^{and more flexibility} in my fingers.
- > Less muscle pain in my back when standing or sitting for an extended period of time.
- > Less twitching in my arms.
- > Feet aren't purple colored anymore.